

Programme Sun 9th July 2023

Beach Mindfulness Walks 10.30am, 11.30am,
1.30pm, 3pm

Tikes Hikes toddler walk 10am, 2pm

Book your free place at the welcome tent!

Drop in Activities

Strandline Searches – Any time 10am – 12 noon

Beach Games – 10am onwards

Coastal Bird Spotting – 10am onwards

Roman Camp – 10am onwards

Storytelling – 10am onwards

Flag making workshop - 10am onwards, Allonby Village Hall

Procession and community picnic – 11.45am, Allonby Green

Plus craft activities, shoreline beasts, games and lots of information about how to explore and enjoy the coast at our event stands at Blue Dial

There will be short gaps in activities at various points, when leaders are taking a break, if this is the case, drop in a bit later to join in the fun!

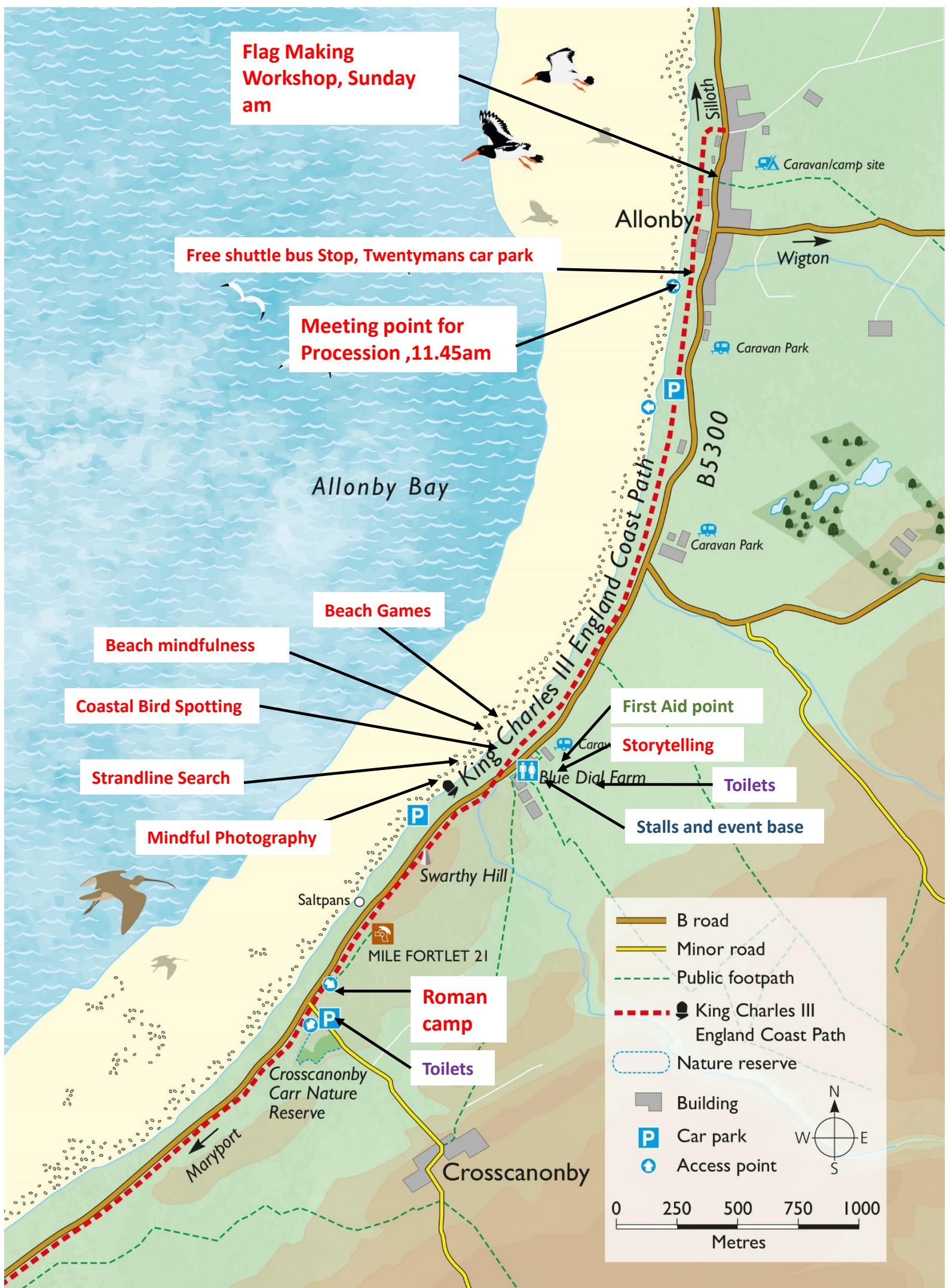


PRINCIPAL SPONSORS



Solway Coast
Area of Outstanding
Natural Beauty





Flag Making Workshop, Sunday am

Free shuttle bus Stop, Twentymans car park

Meeting point for Procession, 11.45am

Beach Games

Beach mindfulness

Coastal Bird Spotting

Strandline Search

Mindful Photography

Roman camp

Toilets

First Aid point

Storytelling

Toilets

Stalls and event base

Map Legend:

- B road
- Minor road
- Public footpath
- King Charles III England Coast Path
- Nature reserve
- Building
- Car park
- Access point

Scale: 0, 250, 500, 750, 1000 Metres

Compass Rose: N, S, E, W